



ALCS September Lunch Menu

Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
Chicken Sandwich Green Beans Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Chicken Alfredo Broccoli Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Salad Bar Garlic Bread Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Sloppy Joe Tater Tots Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Hamburger Helper Dinner Roll Peas & Carrots Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit
Monday 9/19	Tuesday 9/20	Wednesday 9/21	Thursday 9/22	Friday 9/23
Hot Dog French Fries Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Beef Nachos w/Toppings Corn/Black Beans Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Pizza Day Peas & Carrots Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Breakfast Day Pancake, Sausage Patty & Egg Patty Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Burger Bar Toppings French Fries Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit
Monday 9/26	Tuesday 9/27	Wednesday 9/28	Thursday 9/29	Friday 9/30
Chicken Sandwich Corn & Carrots Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Beef Spaghetti Green Beans Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Salad Bar Garlic Bread Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit	Chicken Teriyaki with Rice & Broccoli Fruit ----- OR ----- Deli or PB& J Sandwich Vegetable Fruit	Pulled Pork Dinner Roll Sweet Potato Fruit ----- OR ----- Deli or PB&J Sandwich Vegetable Fruit