



MENU

Abundant Life Christian School

OCTOBER

Burger Bar Seasoned Fries Fruit	9/29	Chicken Tacos Fresh Toppings Apples & Oranges	9/30	Hot Ham & Cheese Sweet Potato Fries Pears	01	Salad Bar Garlic Bread Whole Fresh Fruit	02	Beef Hot Dogs Waffle Fries Corn Peaches	03
NO SCHOOL – Teacher In-Service	06	Breakfast Day Grapes	07	Orange Chicken Rice Green Beans Pineapple	08	Pizza Day Side Salad Applesauce	09	Penne Pasta w/ Meatballs Broccoli Pears	10
Chicken Tenders Rosemary Potatoes Carrots Mandarin Oranges	13	Beef Tacos Fresh Toppings Bananas	14	Chicken Wings Carrots & Celery Peaches	15	Salad Bar Garlic Bread Grapes	16	Salisbury Steak Mashed Potatoes Peas Applesauce	17
Sloppy Joes Mixed Vegetables Pineapple	20	Macaroni & Cheese Green Beans Apple Slices	21	Pulled Pork Coleslaw Mandarin Oranges	22	Pizza Day Side Salad Whole Fresh Fruit	23	NO SCHOOL – Teacher Work Day	24
Beef Tips over Egg Noodles Peas & Carrots Peaches	27	Nacho Bar w/ Fiesta Beans Fresh Toppings Whole Fresh Fruit	28	Teriyaki Chicken Rice Broccoli Pineapple	29	Salad Bar Garlic Bread Grapes	30	Gyros Tomato, Onion, & Cucumber Applesauce	31

A meal includes one entrée, fruit, vegetable, and milk. A la carte items are offered to MS and HS students only. Items are priced individually.

Meal Pricing

Elementary Meal: \$4.50
MS & HS Meals: \$5.00
Adult Meal: \$5.00

Milk: \$.40 each
Side (extra fruit or vegetable): \$.50
Second Entrée: \$3.95
A la Carte Items: Prices Vary
(\$.75 - \$5.45)

Watch our Facebook page! On Sunday nights at 7pm, we post the week's lunch menus.

