### **OTHER CHRISTIAN SERVICES**

Christine Eastin (Psychotherapist) Wisconsin Institute for Psychotherapy (608) 256-6205

David Eastin (Psychologist) Midwest Center for Human Services (608) 231-3300 x355

Jim Thompson (Psychotherapist) Madison Psychotherapy Center (608) 233-3037

Jovita Boniface Life Coaching (608) 308-2421

Living Well Counseling Service (608) 223-1506

Samaritan Counseling Center (608) 663-0763

# We pray for you!

We want you to know that we pray for our students, and their families regularly. We know life can be unpredictable, and that is why we have compiled these resources we think may be helpful.

Do you know of other helpful resources that may benefit our community? If so, you can email them to studentservices@mcs-wi.com.



www.alcs.com | 608.221.1520 4901 E. Buckeye Road, Madison, WI 53716

## ABUNDANT LIFE CHRISTIAN SCHOOL



- Mental HealthCounselingCrisis Resources
- IN THE MADISON AREA

This resource is provided as a support to students and families as a part of our ALCS Safe School Plan.

# **RESOURCES**



We combine competence in understanding human relationships with a willingness to call upon the power of God to heal people's hurt while bringing ongoing personal growth.

#### www.christiancounselingmadison.com

4868 High Crossing Blvd Madison, WI 53704 (608) 274-8294



www.crosscounsel.com

4690 Cottage Grove Rd., Madison 53716 (608) 819-6626 We provide a safe place where people can honestly engage in a transformative relationship with God.



We offer a wide variety of programs and services to people in Dane County, including a vast array of mental health resources.

#### www.danecountyhumanservices.org/contact.aspx

Key phone numbers can be found on their website.



We improve people's lives by pioneering and sustaining effective mental health and substance use disorder services.

#### www.journeymhc.org

25 Kessel Court, Suite 105 Madison, WI 53711 (608) 280-2700

24-Hour Mental Health Crisis and Suicide Prevention Line: 608-280-2600



Learn about mental illnesses; find suggestions on how to navigate mental health issues; find national and county resources to help you or someone you love.

#### www.NAMI.org

(800) 950-6264

Crisis Text Line - Text NAMI to 741-741



The River exists to serve our Dane County neighbors who are struggling to make ends meet. We offer food, resources and faith to build a stronger community.

#### www.riverfoodpantry.org

2201 Darwin Rd. Madison, WI 53704 (608) 442-8815



We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

#### www.suicidepreventionlifeline.org

National Domestic Violence Hotline – Call 800-273-8255 National Sexual Assault Hotline – Call 800-656-HOPE (4673)



United Way of Dane County

United Way is an information and referral service that connects people to a variety of resources such as: help paying bills, housing search assistance, support groups, food pantries, community clinics, and many other services.

#### www.unitedwaydanecounty.org/get-help

2059 Atwood Avenue Madison, WI 53704 (608) 246-4350