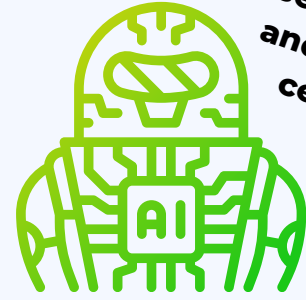


# Use AI to boost creativity and help you grow!

## GREAT IDEAS! FEEL FREE TO EXPLORE...

Keep learning  
and growth  
central!



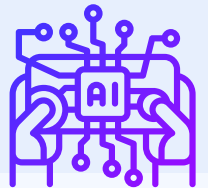
YES!

- Get ideas for research topics
- Brainstorm for new connections
- Ask for suggestions
- “Research assistant” to find more sources to learn from
- Error checking
- Asking for summaries of concepts you have already studied
- Create study questions for materials
- “Sparring partner” to evaluate your arguments

## BE CAREFUL...

GRAY

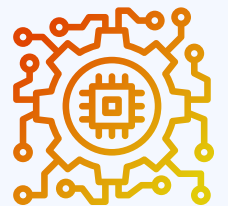
- You enter all your own words and let AI ‘tweak it’ for you
- You use AI to make a summary of something you only partially studied
- You create content that mimics ideas or copyrighted materials
- You use AI tools to ‘help’ you solve a problem



## PROBLEMS AHEAD! DON'T DO THIS!

NO!

- You “heavily edit” AI content and call it yours
- Copy text directly: AI wrote the assignment
- You read an AI summary of work you haven’t read
- Use AI generated “facts” you don’t verify
- Use AI -anything without acknowledging it as a ‘source’
- Use AI content without considering harmful biases
- Have AI do revisions without reviewing them yourself
- Have AI solve problems for you
- Generate and/or share inappropriate, harmful, or false content



**Don't use AI to ruin your integrity or rob you of growth!**