



2025 ALCS MS

Cross Country Schedule

Head Coach: Lindsey Heisler

Practices on Tuesdays & Thursdays at ALCS from 3:45-5pm beginning 8/21

Day	Date	Time	Opponent	Location
Saturday	9/13	8:30 AM	Invitational	Monona Golf Course
Thursday	9/18	4:00 PM	Invitational	Johnson Creek High School
Friday	9/19	5:30 PM	Invitational	Rio Community School
Tuesday	9/23	4:15 PM	Sacred Hearts	Sheehan Park
Thursday	10/2	4:15 PM	MCDS	MCDS
Saturday	10/11	11:00 AM	Invitational	Baertschi Farm
Monday	10/13	5:00 PM	Invitational	Columbus Country Club