MAISL VOLLEYBALL RULES (R. 11-15-21)

Unless noted differently below - the MAISL Volleyball Leagues will comply with WIAA and National Federation Rules

Two (2) Time-outs per set

Roster Size:

- 6 Players will constitute a full team.
- A team may start with 5 players. If a 6th player arrives they must enter the set at the first legal opportunity.
- If the sixth player does not arrive, the team opposing the team of five will get a point and the serve every time the missing 6th player would have rotated to the service position.
- All players who may play must be listed on the official roster prior to the start of the match.
- A team of four or less players does not constitute a full team.

RULE - Roster Substitution

Your team must submit a "Principal Verified Roster." If there is a substitution made to this roster a "Player Substitution Form" must be presented to the official prior to the start of the set/match. This will be forwarded to the Program Commissioner with the scoresheets. Since we play in many venues on a given day a player can be moved up to another team for the entire day (even if there is more than one match), in addition to playing on their rostered team that day. If a player substitutes more than once in a season s/he will be moved to the team s/he is substituting for, through the end of the season.

Defensive Specialist or "Libero"

It is still MAISL's belief that at our level all participating student/athletes should have the chance to play all positions, we will not institute the use of a Libero or Defensive Specialist.

Tardiness - ALL Leagues - If four or less players are present at the start of the match.

5 minutes - Forfeit Game #1 10 minutes - Forfeit Game #2 15 minutes - Forfeit match

Match Length:

- Matches will be scheduled for one (1) hour. This will include a warm-up (2 minutes min. 5 min. max.) and up to 55 minutes of match play.
- A match will consist of a best of three (3) sets to determine a winner. If a team wins the first two (2) sets the final set will still be played. In case of ties total wins may be used in determining tournament seeding.
- During tournament play, if a team wins the first two sets, the third set will not be played.

Playing Time:

The MAISL and Diocese of Madison Policy recommends a minimum of one quarter per match playing time. This is the equivalent of playing the entire third game which goes to 15 points.

Scoring:

- Rally Scoring for all grade levels.
- The first two (2) sets will play to 25 points with a cap of 30 points. This means you must win by 2 points up to 30, or be the first team to reach 30. Example: If the score is 29 29, the next opponent that scores is the winner of the set even though they did not win by 2 points.
- The third set will play to 15 points with a cap of 20 points. This means you must win by 2 points up to 20, or be the first team to reach 20.
- Each team is asked to keep score on their bench. Official score will be kept by the referee who will get coaches signatures at the end of the match. Officials will submit scores to a MAISL Representative.

Miscellaneous:

- Each team will be asked to supply a line judge at the opposite end of the court (must be over 16)
- A foot in contact with and/or shadowing the centerline will be acceptable.
- Blessed Sacrament is the only gym where a step over the baseline will be allowed (if the equipment room door and/or the exit door at the opposite end of the gym are left open, players may step back into the door opening. If this is done, no step over will be allowed)
- Equipment Net height 7ft 4 1/8 inches
- Volleylite balls will be used for 5/6th grade leagues

Specific rules regarding play and service, per grade level:

5th Grade League

One service re-serve allowed for either an over or underhand serve per service rotation.

6th Grade League

One service re-serve allowed only for the overhand serve, per service rotation. No re-serve if the first attempt is underhand.

5/6th Grade Leagues

- Players may step up to a line 5' from the baseline to serve for over/underhand serve.
- One service do-over allowed per service rotation (overhand only). To qualify as a "valid" serve, the ball must pass over the net and between the two antennae.
- A maximum of 3 serves are allowed per service rotation. If a player runs off 3 consecutive serves, the serving team will keep serve but be required to rotate to the next server.
- If a 5th/6th grader plays up in the 7/8th grade leagues, they are allowed to use the service ONLY per their grade level but must play by the rest of the rules of the league.
- Rotation only allowed. No substitutions allowed except in cases of injury or illness. Once a player comes out of the set for injury or illness, s/he is not allowed to re-enter the set but may re-enter a subsequent set. Rotation is defined as having players move in a clockwise direction encompassing a complete circle of players including the court and bench. Example: 6 players on the court and 2 players on the bench.



7th & 8th Grade Leagues

- High School rules (may set on serve, no re-do on serve, serve from baseline, etc.)
- There will be unlimited substitution but a player must substitute for the same position (This is a player for player substitution no matter where that player is in the rotation or their spot on the court). Players may substitute into any position (including the service position)
- A maximum of 5 serves are allowed per service rotation. If a player runs off 5 consecutive serves, the serving team will keep serve but be required to rotate to the next server.
- Substitution is mandatory. Rotation for 7/8th grade is not allowed.

TOURNAMENT SEEDING INFORMATION

The following format will be used to seed MAISL Volleyball Tournaments.

- #1 Matches Won
- #2 Sets Won
- #3 Head-to-Head Competition
- #4 Common Opponents
- #5 Coin Toss