

3rd - 8th Grade Practice Schedule - Fall 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
3:30					
3:45	Cross Country 3:45 - 5:00 Miss Parker	5th Flag Football (Baseball Field) 3:45-5:45 Mr. Appiah	Cross Country 3:45 - 5:00 Miss Parker	5th Flag Football (Baseball Field) 3:45-5:45 Mr. Appiah	Running Club 3:45 - 5:00 (Baseball Field) Miss Parker
4:00					
4:15					
4:30					
4:45					
5:00		6th Flag Football (Baseball Field) 4:45-6:30 Mr. Miller		6th Flag Football (Baseball Field) 4:45-6:30 Mr. Miller	7th & 8th Flag Football (Baseball Field) 5:00-7:00 7-Mr. Wallace 8-Mr. Highman
5:15					
5:30		7th & 8th Flag Football (Baseball Field) 5:00-7:00 7-Mr. Wallace 8-Mr. Highman			7th & 8th Flag Football (Baseball Field) 5:00-7:00 7-Mr. Wallace 8-Mr. Highman
5:45					
6:00	4th - 6th Volleyball (Small Gym - CGM) 6:00-8:00 Mr. Mitten	7th - 8th Volleyball (Big Gym) 6:00-8:00 7-Mrs. Hoesch 8-Mr. Clardy		4th - 6th Volleyball (Small Gym - CGM) 6:00-8:00 Mr. Mitten	7th - 8th Volleyball (Big Gym) 6:00-8:00 7-Mrs. Hoesch 8-Mr. Clardy
6:15					
6:30					
6:45					
7:00					
7:15					
7:30					
7:45					
8:00					

No School = No Practice

as of 9/15/23