

♥ ABUNDANT LIFE CHRISTIAN SCHOOL LUNCH MENU FEBRUARY 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>ALCS Offers Federal Free & Reduced Lunch Program This institution is an Equal Opportunity Provider</p> | <p>Elementary \$2.60 MS/HS \$3.10 Milk \$.45 *Extra Slice Pizza \$1.50 *Entrée Only \$2.25 Staff Meal \$3.75 Cookie \$.55 SM/HS</p> |  |  | <p>1 Sliced Ham Au Gratin Potatoes Garden Peas WW Dinner Roll 100% Juice Slushy</p> |
| <p>4 Mini Turkey Corn Dogs with WW Dinner Roll OR BBQ Pork Rib on a WG Bun Oven Baked French Fries Baked Beans</p> | <p>5 Chicken Nuggets Mashed Potatoes & Gravy California Blend Cherry Tomatoes WG Dinner Roll</p> | <p>6 Whole Grain Pasta with Meat Sauce – WG Lite Garlic Bread OR Fish on a WW Bun Broccoli Fresh Baby Carrots</p> | <p>7 WG Cheese Bites OR Or Chicken Patty on WW Bun Romaine Garbanzo Beans</p> | <p>8 No School Staff In-service Day</p> |
| <p>11 Sloppy Joe OR Meatball Sub Cucumbers Tomatoes Sweet Potato Fries</p> | <p>12 Cheese Omelet Cinnamon Roll Curried Potatoes Veggie Juice Cherry Tomatoes</p> | <p>13 Chicken Strips OR Spicy Chicken Strips Mashed Potatoes & Gravy Steamed Broccoli WW Dinner Roll</p> | <p>14 Wild Mikes Whole Grain Cheese, Pepperoni Pizza, BBQ Rib – WG Bun Romaine Salad Garden Peas</p> | <p>15 Turkey Dog On a WW Bun OR Hamburger On a WW Bun OR BBQ Rib On a WG Bun Baby Carrots Steamed Broccoli</p> |
| <p>18 Chicken Patty OR Spicy Chicken Patty OR Grilled Chicken On a WW Bun Broccoli Tomato Soup</p> | <p>19 Soft Shell Taco's OR Tortilla Chips with Taco Meat OR Hamburger on WW Bun Shredded Lettuce Refried Beans Mini Muffin</p> | <p>20 Chili OR Chicken Drumstick NEW WG Garlic Bread French Fries Celery</p> | <p style="text-align: center;">***** 21 *****</p> <p>Big Daddy Whole Grain Cheese, Pepperoni Pizza, BBQ Chicken Pizza OR Turkey Dog - WW Bun Romaine Blend Baby Carrots</p> | <p>22 Toasted Cheese Sandwich OR Macaroni & Cheese Cole Slaw Cucumbers</p> |
| <p>25 Teriyaki BBQ Chicken OR Grilled Chicken Strips Brown Rice Sicilian Vegetables Cherry Tomatoes WW Dinner Roll</p> | <p>26 Cheese Quesadilla OR Chicken Quesadilla Salsa Corn</p> | <p>27 Turkey & Gravy with WW Dinner Roll OR Meatball Sub Mashed Potatoes Gravy Steamed Broccoli</p> | <p>28 WG Cheese Bites OR Hamburger - WW Bun Romaine Blend Baby Carrots</p> | <p>**** Due to the short supply of Big Daddy Pizza we will only be able to serve when available to us. Please note at this time other brands will be offered. *****</p> |

Fruit Choice and Milk included with each meal daily. Low fat 1% White - Skim white or 1% chocolate. Salad Bar & Grab n Go Lunch offered Daily.