

Challenger Football Mini-Camp

Join us for the 5th annual Challenger Football Mini-Camp open to all 8th-11th grade ALCS and MCDS students. This camp will help us transition into 8-man football this coming season! Each evening will finish with an 8-man football game. Thursday will culminate with the 8-man mini-camp championship. Attendance all four days will be vital to the success of our season.

Monday July 26th 5:30-8 p.m.



Introduction to 8-man football
8-man football game

Tuesday July 27th 5:30-8 p.m.



8-man offense
8-man football game

Wednesday July 28th 5:30-8 p.m.



8-man defense
8-man football game

Thursday July 29th 5:30-8 p.m.



Summary, Mini-camp Championship Game!

- The Challenger Football Mini-Camp is open to all ALCS and MCDS students entering 9th-12th grade for the 2010-11 school year.

- Students registering for the Challenger Football Mini-Camp must be enrolled at ALCS or MCDS for the 2010-11 school year, and must have an emergency form on file with ALCS or MCDS in order to participate.

- There will be no registration cost for the mini-camp this year.

- For each day of the camp, students should come in comfortable shorts, T-shirts, and football cleats. They should also bring tennis shoes in case weather or other circumstances cause us to take the mini-camp inside.

- Each day of camp students should come prepared with a bottle filled with either water or a sports drink. It is suggested that students also come prepared with insect repellent.

Challenger Football
Mini-Camp

Challenger Football Mini-Camp
July 26-29

AbundantLife Christian School
4901 E. Buckeye Road
Madison, WI 53716

Questions?

Contact Coach Verbeten
Phone: 608-206-2860

E-mail: jverbeten@mail.lakecitychurch.org

CHALLENGER FOOTBALL MINI-CAMP



Challenger
Football
Mini-Camp
July 26-29



Monday July 26th

The players will come to the field at 5:30 to take part in “chalk talk” before starting their on the field introduction to 8 man.

Tuesday July 27th

Players will take part in individual and team offensive drills that pertain 8 man football and their desired position. Players will choose the offensive position they would like to practice (positions include lineman, running back, quarterback and receiver). Players will be allowed to try out any positions in which they are interested. This is a good opportunity to see where players fit best.

Wednesday July 28th

Players will take part in individual and team offensive drills that pertain 8 man football and their desired position (positions include lineman, linebacker and defensive back). As with offense, players will be allowed to try out any position in which they are interested.

Thursday July 29th

Coaches will recap with players the 8 man system as a whole. Players will again be allowed to practice the position of their choice.

The Challenger Football Mini-Camp is open to all ALCS and MCDS students currently in 8th-11th grades. **Come out and have some fun playing football!** This is a great way to check it out. Students should come in comfortable shorts, T-shirts, and cleats. Students should bring tennis shoes in case the mini-camp is moved inside due to weather or other circumstances. Each night of camp students should come prepared with a bottle filled with either water or a sports drink. It's also suggested that students bring insect repellent.

Mini-Camp Sign-Up

Please be sure to contact Coach Verbeten by email to confirm that you will be attending the 2010 Challenger Football Mini-Camp.

Email to:

jverbeten@mail.lakecitychurch.org